

Lake Louise Symptom Score

Symptoms	Severity	Points
Headache	- No headache	0
	- Mild headache	1
	- Moderate headache	2
	- Severe headache, incapacitating	3
Gastrointestinal	- No gastrointestinal symptoms	0
	- Poor appetite or nausea	1
	- Moderate nausea or vomiting	2
	- Severe nausea or vomiting, incapacitating	3
Fatigue and / or weakness	- Not tired or weak	0
	- Mild fatigue/weakness	1
	- Moderate fatigue/weakness	2
	- Severe fatigue weakness, incapacitating	3
Dizziness / light-headedness	- Not dizzy	0
	- Mild dizziness	1
	- Moderate dizziness	2
	- Severe dizziness, incapacitating	3
Difficulty of sleeping	- Slept as well as usual	0
	- Did not sleep as well as usual	1
	- Woke up many times, poor nights sleep	2
	- Unable to sleep.	3

